

WHY WORKING SATURDAYS ARE ESSENTIAL FOR EARLY LEARNERS (PRE-PRIMARY TO GRADE 3)

A Thoughtful Approach to Holistic, Balanced, and Screen-Free Education

At Brilliant Public School, we continuously evaluate what is best for the academic, emotional, and developmental needs of our students. One important aspect that has emerged through years of observation and educational planning is the significance of including Saturdays as working days for students from Pre-Primary to Grade 3.

In today's fast-paced academic environment, a five-day school week is often not sufficient to cover the complete syllabus, conduct learning-by-doing activities, and offer ample opportunities for competitions, celebrations, and practical exposure. When only Sunday remains a holiday, the school gains approximately 208 working days. However, with both Saturday and Sunday off, the working days drop to nearly 150-160, which is equivalent to almost five months of holidays in a twelve-month cycle.

For young learners in their foundational years, this long stretch of reduced school days can affect their learning continuity, skill development, and academic rhythm.





1. More Working Days = Better Learning Continuity

Children in early grades learn through repetition, reinforcement, and constant engagement. Having Saturdays as working days ensures:

- Better coverage of the academic syllabus
- Proper time for revision and assessments
- Smooth learning flow without long gaps
- Strong conceptual foundation

This becomes especially important during examination periods and when introducing new or challenging concepts.



2. Dedicated Time for Activities, Competitions & Celebrations

Early childhood education is not limited to textbooks. Students need exposure to:

- Hands-on activities
- Experiential learning sessions
- Skill development routines
- Festivals and cultural celebrations
- Art, craft, dance, and thematic events

With Saturdays included as working days, these enriching experiences are not rushed or compromised. This ensures that children enjoy a complete, well-balanced school life, rather than an academically overloaded one.



3. Saturdays as “Learning by Doing” Days

Saturdays are ideal for:

- Fine Motor & Gross Motor Development
- Self-grooming sessions
- Personality development activities
- Life skills
- Creativity and craft workshops
- Circle time and interactive storytelling
- Outdoor and physical fitness programmes

These sessions are essential for building confidence, communication skills, coordination, and practical intelligence—all crucial for future success.



4. Reduced Screen Time and Healthier Routines

In the current digital age, children are increasingly exposed to screens at home—TV, mobiles, tablets, and games. School hours help them stay screen-free and meaningfully engaged.

When Saturdays are working days, children benefit from:

- More hours away from screens
- Increased physical activity
- Social interaction with peers
- Structured routine and discipline
- Healthy emotional development

This screen-free time at school contributes immensely to their overall well-being.





5. A Strong Foundation for Their Future Academic Journey

Saturdays give students the time to develop qualities that define long-term success:

- Discipline
- Time management
- Social skills
- Creative thinking
- Confidence
- Emotional stability

By ensuring more working days, the school creates a strong base for the student's entire academic career.



Conclusion

Working Saturdays are not just an extension of the school week—they are an investment in the child's holistic growth. With additional days for academics, activities, celebrations, skill development, and screen-free learning, students receive a more complete and enriching educational experience.

At Brilliant Public School, we remain committed to nurturing balanced, confident, and well-prepared learners. Our approach ensures that every child grows academically, emotionally, socially, and creatively—ready for a brilliant future.

